



Trentham School

Empowered Learners for the Future

9 December
2020 Term 4

Newsletter 18

Kia ora koutou

We are getting close to the end of the school year, and what a strange year it has been. COVID-19 has put a lot of pressure on our community but together, we have risen to the challenge. I want to thank you once more, for all you have done to keep yourselves, your whānau and our community as safe as possible. Through reinforcing good hand hygiene, cough and sneeze etiquette, staying away if sick and seeking medical advice, we have kept operating safely, and our tamariki and rangatahi have continued to learn.

I also extend a specific thank you to all those in our community who have worked in health services and on the frontline to support New Zealand's defence against COVID-19. They and their families and whānau have sacrificed so much to contribute to our own safety and to support the return home for more than 70,000 New Zealanders. COVID-19 remains a tricky virus and on the very rare occasion a frontline worker has become infected, the system has kicked into place. Through this vigilance and the health system response, we get to enjoy the relative freedom of Alert Level 1.

At the end of the year we farewell two of our wonderful Koru teachers - Vanessa Smith-Graham and Amber Atkinson. Vanessa has won a position at St Brendan's school leading the Year 7&8 team and Amber has won a teaching position at Berhampore School. I thank them both for their contribution to our school and the impact they have made on our students and wish them all the very best on their next adventure.

Teacher Aides Lynne Radovich, Sharlene Waetford, Alesha Wallace and Adela Olliver will also be leaving us at the end of the term. I thank them all for the work they have done with many students across our school. They have worked with individuals and small groups to support learning and/or behaviour and we'll miss having them in our school next year.

End of year reports will be coming home on Friday. Students have again completed a self-review of the year. This piece of writing has been written especially for you by your child. We hope you enjoy reading what your child has written about their year. As always we welcome any feedback on our reporting process. Please feel free to email me or give me a ring.

This year we've again partnered with Eeny Meeny to provide 'Back to School' stationery packs for each Hub for next year. Information will come home with your child's school report. You can order the stationery through the website www.schoolpacks.co.nz and have your child's pack delivered to your home. Order with a friend and halve the delivery costs!

Next Monday we're holding our Meet & Greet for our students at 12.10pm for half an hour. All students will have the opportunity to spend time with their 2021 teacher and classmates. We hope this will help with transition through to next year. Students will know where to go and be familiar with their new class and teacher.

Our students have, for the most part, done really well in what have been highly unusual circumstances. We hope that every one of them can have a restful and relaxing holiday. I wish all our wonderful Year 6 students the very best as they leave Trentham School and begin the next stage of their education at Intermediate. We will miss them all!

... continued over page

Upcoming Dates & Events

- | | |
|--------|------------------------------|
| 10 Dec | End of Year Showcase, 6.00pm |
| 11 Dec | Reports go home |
| 15 Dec | Year 6 Social, 7-9pm |



- | | |
|--------|---------------------------------|
| 16 Dec | School closes at 12.00pm |
|--------|---------------------------------|

2021 Term Dates:

- | | |
|--------|--|
| Term 1 | Thursday 4 February - Friday 16 April |
| Term 2 | Monday 3 May—Friday 9 July |
| Term 3 | Monday 26 July—Friday 1 October |
| Term 4 | Monday 18 October—Thursday 16 December |



DO YOU NEED TO UPDATE ANY CONTACT DETAILS?

It is extremely important that we have accurate and up-to-date contact details for all of our students. We must be able to get hold of parents and caregivers if children are sick or in the case of an emergency. Please contact the office at any time if your phone numbers or address changes.

FONTERRA MILK FOR SCHOOLS

Fonterra will be implementing a number of changes next year and have advised us that they will be wrapping up their milk for schools programme at the end of this year. This means we will not be providing milk to our students anymore.

A MESSAGE FROM THE BOT

To all our whānau, staff, tamariki and community, we wish you a very Merry Christmas and prosperous new year. May you have a relaxing and special time over the Christmas break with loved ones, and may 2021 be full of joy, peace and normality! A huge thank you to our staff for your hard work again this year - we appreciate your flexibility with having to provide for schooling at home and dealing with many unsettled people and situations. And to the team on the Board - thank you for your hard work this year and your support of our school. Your time and efforts are much appreciated.

To our Year 6s - all the very best for your next stage of education and thank you to the contributions you have made while here at Trentham. To the rest of our tamariki and whānau - well done on making it through this crazy year and we are looking forward to seeing you all back next year ready for your next adventure in learning. Kia kaha, kia maia, kia manawanui.

- Alesha Wallace
BOT Chair

I would also like to pay tribute to our incredibly hardworking staff. Term 4 is never easy from a teacher's perspective. Despite this, their professionalism, enthusiasm and care for your child has been unbelievable. Every day they turn up to work, determined to do their best, and have as a group maintained their sense of humour and most importantly their dedication to our school. As Principal I consider myself very fortunate to be able to work with such a high calibre of people.

I'd also like to thank all our parents and whānau for all their support and help throughout this year. The partnership between home and school has been invaluable and we want to continue this next year. On behalf of the staff and Board of Trustees at Trentham School I wish you all a wonderful Christmas and a Happy New Year. Please take care over the holidays and we look forward to seeing everyone next term.

See you at our End of Year Showcase tomorrow night at 6.00pm!

Meri Kirihimete! Merry Christmas!

Ngā mihi

Suzanne Su'a
Principal
principal@trentham.school.nz

Don't forget that school finishes at 12 noon on Wednesday 16 December

School News & Reminders

SPELLATHON

Congratulations to the following students for winning a prize in our Spellathon draw! Thanks so much to everyone for supporting this fundraiser!

Ethan T, Room 16, raised the most money - \$467.50 - UE Wonderboom 2
Room 15 was the class that raised the most - \$868.50 - class party

Isabella M - \$100 Warehouse Stationery card
Faith M - \$100 Warehouse Stationery card
Pippa M - \$50 Movie card
Elijah V - \$50 Movie card
Leah M - Crayola Marker Airbrush
Riley B - Lego Classic kit

Enjileena C - Family Trivial Pursuit
Seva T - Mini Bop It
Jack - \$10.00
Brieah W - \$10.00
Eric G - \$5.00
Fenyi N - \$5.00



End of Year Showcase

Come and celebrate
Trentham School's Performing Arts

6.00pm
10th December
Brentwood Stage,
Junior Field

Great night of entertainment with
Ngā Mana o Purehurehu
and Hub items.

There will be a
Sausage sizzle,
water and raffle,
so remember to bring cash.



Wet weather—Showcase will be cancelled due to the hall being unavailable

New To Trentham School

A special welcome to our
new students:

Elliot Robson, KIWI (clinic)



SAVE THE DATE!

YEAR 6 SOCIAL

15 December, 7pm

To be held in the Fergusson
Intermediate school hall
Please bring a plate of food
to share.



VALUE OF THE TERM - RESILIENCE

Resilience; to be brave in challenging or difficult experiences; to persevere; to overcome fear; to have a go.

There are some children in our world who are rarely discouraged. They understand that even if today was tough, tomorrow is a new day. The difference between the children who bounce back easily and those who can't seem to recover from the frustration is *resilience*. *Resilience comes from beliefs and attitudes about themselves and what happens to them. Fortunately, these internal factors—humour, inner direction, optimism and flexibility—are traits that we can build or strengthen.*

8 Ways to Build Resilience in Children:

1. Let them experience disappointment so they learn that sadness doesn't last forever.
2. Validate their fears and help them make plans to do things even if they are scared to.
3. Let them take (reasonable) risks and experience natural consequences.
4. Encourage them to try new things, make mistakes, and learn from their mistakes.
5. Give them opportunities to make their own decisions and help them problem solve.
6. Tell stories of people who faced hard times, persisted, and grew stronger as a result.
7. Reframe challenges as short-term problems, and opportunities for learning.
8. Remind them that although we can't control everything that happens to us, we **can** control how we respond.

Watch this video clip with your family and discuss -

[A Lesson on Resilience](#)

LUCKY BOOK CLUB ORDERS FOR ISSUE 8 ARE
DUE (ONLINE ONLY) BY FRIDAY 11 DECEMBER

2020

LUCKY
Book Club



Community Notices

Please note that the school is not endorsing the programmes listed below. We are publishing them on request of the providers and because they may be of interest to our families

It's simple; all you need to do is register at www.lunchonline.co.nz and follow 4 easy steps to get started

- 1 Register an account
- 2 Add member/s including your child's name, school and classroom
- 3 Make a payment so you have funds in your account before you order
- 4 Select your lunch and place an order



lunchonline
www.lunchonline.co.nz
Phone 0800 LOL LOL
Phone 0800 565 565
info@lunchonline.co.nz
Healthy and affordable | Easy internet ordering

ADMIN@TRENTHAMSWIMSCHOOL.COM

LEARN TO SWIM



Beginner Advanced Intermediate Mothers & Toddlers

Classes are running after School & Weekends – Tel: 02102461134

Artrageous Summer Adventure: 6 Jan – 3 Feb 2021

Aimed at children aged 5–10 years. Our classes provide a space for all children to explore at their own pace; chaotic or careful, gingerly or with gusto, tiptoeing or tromping. Our aim is to draw out their creativity, not stuff things in! **Bookings essential. [BOOK NOW!](#)**

Venue: Poneke Dojo, Prince of Wales Park, Salisbury Tce, Mt Cook, Wellington

8.30am–3:00pm \$79 and after care 3:00pm–5.30pm \$15

Artrageous Kids Creative Christmas: 16 Dec – 23 Dec 2020

Come and join our magical pre-xmas Artrageous Holiday programme! We will be exploring many exciting Christmas crafts including baking, decoration making, ornaments, and creating love filled handmade gifts. Our trusty favourites will also be on hand like paint, paper, clay, stone, collage, construction and of course the "glue gun table" will all be available.

Venue: Poneke Dojo, Prince of Wales Park, Salisbury Tce, Mt Cook, Wellington

8.30am–3:00pm \$79 and after care 3:00pm–5.30pm \$15

Bookings essential. [BOOK NOW:](#)

[Artrageous Kids Christmas](#) For ages 5–10 yrs old

Weetbix TRYathlon

Kia ora koutou! We do not send a teacher to the Weet-Bix TRYathlon but encourage our children to get involved if it is something that they are interested in! There is a Trentham School Group that you can register under and get your packs sent to school to pick up if that is preferable. Enter the Hutt City event at <https://tryathlon.co.nz/>



1. ENTERING A PARTICIPANT

A) INDIVIDUAL ENTRY:

Please select this option if the participant is entering the:

- a. **TRYATHLON** as an **INDIVIDUAL** and is completing all three legs (swim, bike and run) of the TRYathlon by themselves. Individual participants must be aged between 7 – 15 years of age on event day.
- b. **SPLASH & DASH** - This event is for 6 year olds only and consists of a 50m swim and 1500m

B) TEAM ENTRY:

Please select this option if the participant is entering the TRYathlon in a TEAM of 2. Team participants must be aged between 7 – 15 years on event day.

Teams are limited to a maximum of two participants. One team member completes the Swim, one completes the Bike and they both complete the Run together.

Both team members must be in the same Team Category: Junior or Senior.

- **JUNIOR TEAMS:** Both participants must be aged 7-10 years of age on event day.
- **SENIOR TEAMS:** Both participants must be aged 11-15 years of age on event day.

HOW TO ENTER A TEAM

1. Enter the first participant and enter the Team Name when prompted.
2. If you are entering both team members, click 'Add Another Child' when you reach the check-out page. You will be taken back to the start to enter your second Participant. Enter the same Team Name when prompted.
3. If you are not entering both team members, ensure the parent or guardian entering the second participant knows the correct Team Name you have added when entering your child.

C) JOINING YOUR SCHOOL GROUP

- After choosing one of the entry options, you will have the opportunity to search for and join your SCHOOL GROUP, if your school has created one.
- When joining your School Group your School Coordinator will be notified that you have entered and it will help make your school eligible to win prizes.
- If your School does not have a School Group, then please continue with your registration as it will not affect your entry into the TRYathlon.

TO ENTER, PLEASE USE THIS LINK:

<https://www.registernow.com.au/secure/Register.aspx?E=40600&G=119761>

**FOREST SCHOOL
PHILOSOPHY
SCHOOL
HOLIDAY
PROGRAM**

**Fantail Nature
School**



4th-8th January Forest Fairy tales
11th-15th S.T.R.E.A.M
18th-22nd Mess and Mudpies
26th -29th Build2play
\$65 per child per day

Early bird discount \$55 per day before 3rd Dec.

Transport provided to and from Brookfield Scout camp, catchpool Valley and other locations.

<https://enrolmy.com/fantail-nature-school/#activities>

BUSHCRAFT BIRTHDAY PARTY
\$200.00 PER PARTY
Bespoke Nature birthday parties
Location confirmed with client on booking
Contact Jo +64212327512 for more details



For this mince part:

- 1kg premium beef mince
- 1 cup beef stock
- 2 diced onions
- 2 large carrots - grated
- 2 cups diced mushrooms
- 2 diced capsicums
- 125g spinach
- 3 Tbsp. Worcestershire sauce
- 3 Tbsp. Tomato paste
- 1 Tbsp. Crushed Garlic
- 1 tsp. Mixed Herbs (dried)

Shepherd's Pie

This one pot wonder is a great take on the traditional Shepherd's pie but is jam packed with WAAAY more vegetables, and less dairy.

Fry the onions in a wok with the Worcestershire sauce. Add all other vegetables and stock. Let simmer until vegetables are half cooked. Add mince and remaining ingredients and let simmer until cooked through and minimal liquid remains.

For the mash:

- 6 medium peeled potatoes - diced
 - 1/2 a small pumpkin - diced (about 3 cups)
- Boil the potatoes and pumpkin until soft enough to mash. Drain water and mash - no need to add milk!

Putting it together:

Heat up your oven to 180C, on bake. Spread the mince dish evenly in a baking dish, top with the mash. Bake for 20-30 minutes or until slightly browned.

Makes 6 Serves.



Vicky Carson | Nutrition Coach

ph: 027 352 4209



Chocolate Snowballs

If you're looking for a treat to go with your cup of tea or something to quickly whip up for your unexpected visitors, this is your new 'go to' recipe!

These are great to put in the kids lunch boxes instead of the usual sugary packaged and highly processed products.

Ingredients:

- 12 Camel Dates
- 4 Dried Figs
- 10g Cacao Nibs - I use Ceres Organics
- 2 Tbsp. Cocoa or Cacao Powder (Unsweetened)
- 4 Tbsp Almond Meal
- Slosh of Unsweetened Almond Milk
- Desiccated Coconut - for rolling

In a food processor, put all the ingredients except the coconut and almond milk, blend. You'll find the mixture looks a bit dry, add a slosh of almond milk until it is the consistency where it looks sticky and rollable.

Roll teaspoon sized balls in clean hands and then roll in coconut to give the snowballed effect - YUM!

This recipe makes 14 balls.

Store in the fridge or freezer and enjoy! These can be eaten straight from frozen if you're impatient like me.

Nutritional Information (per ball):

Fats: 2.5g

Carbohydrates: 6.3g

Protein: 1.3g

Calories: 50

Benefits:

Dates are a good source of fibre and are high in minerals such as potassium, magnesium, calcium and iron. They give us a wide variety of nutrients to keep us healthy - We don't need many though as dates are quite high in sugars too.

Figs are also high in potassium which helps to lower blood pressure, and calcium to help keep our bones strong.

If you're going to have a sweet treat, this is definitely the way to go! Enjoy!



AUCKLAND

TAURANGA

ROTORUA

WELLINGTON

CHRISTCHURCH

**100M OR 200M
7 - 10 YEARS**

ENTER NOW
OCEANKIDS.CO.NZ

←--Attention all swimmers aged 7-10 years! The **Banana Boat OceanKids Series** is coming to Freyberg Beach on Sunday 31 January - a great chance to have a go at a 100m or 200m ocean swim close to shore, in a safe, supportive, and fun environment. Every child who participates will receive a finishers medal, photo, other goodies, and a great day at the beach! Visit www.oceankids.co.nz for more info and to enter.

KIDS LOVE PLAYING HOCKEY ON SKATES

Come join them



UPPER HUTT ROLLER SKATING RINK, 4A RAILWAY AVENUE, UPPER HUTT
FRIDAYS 6PM TO 7.30PM. ONLY \$5 PER SESSION.
EQUIPMENT PROVIDED

4A Railway Ave Upper Hutt - Private or small group bookings available on request
Contact Sandy: sanimmo@xtra.co.nz 027 663 4344

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to sing, dance, act
and perform?**

**Would you like your child to build more
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