



# Trentham School

Empowered Learners for the Future

## Newsletter 17

25 November  
2020 Term 4

Kia ora koutou

We've been working hard preparing for next year. Our staffing is all sorted and our classes are outlined below.

KORU SYNDICATE		PATU SYNDICATE	
<b>Kiwi Hub</b>	Year 1 - Lacey McCarthy - R13 Year 1 - Rochelle Burns - R15	<b>Pukeko Hub</b>	Year 3&4 - Mary Walker - Pukeko Space Year 4 - Sam Blandford - Pukeko Space Year 4 - Angela Garner - Pukeko Space
<b>Weka Hub</b>	Year 2 - Anne-Marie Kay/Diane McGimpsey - R16 Year 2 - Heather Mawby - R17 Year 2 - Gena Smith - R18	<b>Ruru Hub</b>	Year 5&6 - Isabel Taurua - Ruru Space Year 5&6 - Briar McPhail - Ruru Space Year 5&6 - Jillian Adams - Ruru Space
<b>Tui Hub</b>	Year 3 - Benjamin Garner - Tui Space Year 3 - Jenni Nind/Michelle Sturrock - R10	<b>Kea Hub</b>	Year 5&6 - Dave Karl - R7 Year 5&6 - Carol Elers-Nuku - R8
<b>LIBRARY</b>		Room 19	

You'll notice that we have an extra composite class next year for Year 3 & 4. As a school we aim to make decisions based on the needs of the students in our care. At our Year 5 & 6 level we choose to have composite classes to support transition into the senior team and to grow leadership capability, and these are well established and successful. We know that composite classes work well.

Like every school, each year we have to strategically manage class size, and sometimes this requires a composite class in other areas of the school. Simply because of the varying numbers of students per year level, the composite nature of our teams will change from year to year. This year we were unable to fit all the Year 3 students into one Hub and those going into the composite class have been selected based on social maturity rather than academics.

As with all our classes teachers spend a lot of time considering the needs and abilities of students, the balance of genders, and the overall composition of the class when selecting students to go into individual classes. This is exactly the same for composite classes. Year levels will not be isolated from each other, even if they are in different hubs or syndicates, ensuring friendships are continued and developed further. As classroom programmes are now very much designed to meet individual learning needs, there is no disadvantage to learning when grouping children across year levels. Children are supported and extended as they are in any other class.

Our Upper Hutt schools came together this year to tribute Matua Wilson and Mohi Waihi, and to celebrate the Upper Hutt Schools Cultural Festival's 10 year anniversary. Due to COVID this had to look different and so Te Kāhui o Ngā Hau e Wha was formed. Representatives from all schools worked together and an incredible video has been created - a taonga for our Upper Hutt community.

I am incredibly proud of our tamariki and all the kaiako who worked with them. I particularly want to acknowledge Whaea Carol and Matua Sam who worked with the Trentham roopu. A huge amount of work went into this and they did a fantastic job.

... continued over page

### Upcoming Dates & Events

- 23-27 Nov Patu Hub EOTC week (p/p 30 Nov-4 Dec)
- 3 Dec BOT Meeting, 6.45pm
- 4 Dec Community Sports Bank fundraiser
- 9 Dec Wheels Day
- 10 Dec End of Year Showcase, 6.00pm
- 11 Dec Reports go home



- 15 Dec Year 6 Social, 7-9pm
- 16 Dec School closes at 12.00pm

### 2020 Term Dates:

- Term 4 Monday 12 October - Wednesday 16 December

### 2021 Term Dates:

- Term 1 Thursday 4 February - Friday 16 April
- Term 2 Monday 3 May—Friday 9 July
- Term 3 Monday 26 July—Friday 1 October
- Term 4 Monday 18 October—Thursday 16 December



### SPELLATHON

A HUGE thanks to all our wonderful families for supporting our Trentham Spellathon. We have raised a massive **\$8,358!!** This money will go towards replacing iPads for some of our junior classrooms. We're currently identifying which class and student raised the most and next week we'll do our random prize draws.

### DO YOU NEED TO UPDATE ANY CONTACT DETAILS?

It is extremely important that we have accurate and up-to-date contact details for all of our students. We must be able to get hold of parents and caregivers if children are sick or in the case of an emergency. Please contact the office at any time if your phone numbers or address changes.

**Parents of Year 0 to Year 5 Students, if your child is not returning to Trentham School in 2021, due to you moving or leaving the country, please can you let the school know immediately.**

### CHILDREN TURNING 5

If you have a child turning 5 in 2021, please contact the school office to make an enrolment if you haven't already done so. It is really useful for us to know how many children will be starting school in the next year.

### SUNSMART

A reminder that we have a sun smart policy of "no hat, no play" for Terms 1 and 4. Please ensure your child has a sun hat at school so they are not restricted to shady areas when outside.

### WATER-ONLY SCHOOL

Trentham School has adopted a Water-Only policy and now encourages water only at school. Please see our statement of intent (page 4) for more information.

Massive shout out to Luca Fono, Te Mauri Sua, Isla Jeffrey, Manea Sua & Haylen Clark for an outstanding performance! Pai te mahi!

Check out this amazing video! 🎥

<https://vimeo.com/thewaygroup/review/480609729/6ed7cdde50>

Ngā mihi

Suzanne Su'a

Principal

[principal@trentham.school.nz](mailto:principal@trentham.school.nz)



## School News & Reminders

### National Young Leaders Day -

18 November 2020

On Wednesday 18 November, the Kaiarahi headed over to the Te Rau-paraha Arena in Porirua for the National Young Leaders Day. There were a great lineup of speakers- William Pike, Riley Hathaway, Okirano Tilaia, Suzy Cato and Josie Moon. The main messages were based on the Whakatauki "Kia kaha, kia maia, kia manawanui" - Be strong, be brave, be steadfast!

William Pike, who survived an injury when Mt Ruapehu erupted in 2007, was one of our favourite speakers. He encouraged us to step out of our comfort zones, find our passions, build strong whanau and teams and never underestimate ourselves.





# Sports News Desk

## Interschool Athletics - Tuesday 17 November

Huge congratulations to the children that represented Trentham at the Interschool Athletics on the 17th of November at TMP. All children were very well behaved and represented themselves and Trentham School with pride. The school came 2nd overall out of the 12 schools that attended which was an amazing accomplishment. The following children came in the Top 4 at their respective events:

<b>Y4 Boys</b>	<b>Y4 Girls</b>
Ezekiel - 1st Vortex, 2nd Sprints, 3rd Long Jump	Senila - 1st Long Jump, 3rd Sprints Tayla - 3rd Long Jump
<b>Y5 Boys</b>	<b>Y5 Girls</b>
Jesse - 2nd Long Jump Marius and Roman - 3rd High Jump Khale - 4th Vortex Hubert - 2nd 800m	Aleigha - 2nd Quoits
<b>Y6 Boys</b>	<b>Relays</b>
Maikool - 1st Quoits, 3rd High Jump, 3rd Vortex Jack R - 3rd Quoits Gill - 4th Sprints	Boys Y4-6 - 2nd Girls Y4-6 - 4th

**SAVE THE DATE!**  
15 December, 7pm



## YEAR 6 SOCIAL

**TUESDAY 15 December, 7.00-9.00pm**

To be held in the Fergusson Intermediate school hall

Please bring a plate of food to share.

## VALUE OF THE TERM - RESILIENCE

**Resilience; to be brave in challenging or difficult experiences; to persevere; to overcome fear; to have a go.**

Sometimes, life can be confusing, challenging, and disappointing. As we send our kids out into the world, we want to be sure we've given them the tools they need to solve problems, bounce back from challenges, and remain positive.

- You can start by being an example of resilience for your child, and surrounding her with other adults that you feel are positive role models.
- Praise effort and improvement so that your child will learn to embrace, rather than avoid, challenges.
- Foster independence in your child when it comes to making mistakes and solving problems. Letting go - even just a little - isn't easy, but we need our kids to learn to stand strong on their own.
- Teach your child that even the worst emotions are okay to feel, as long as they manage them appropriately instead of acting out or shutting down.

We can't - and shouldn't - keep our kids in a bubble or hold their hands through life. But we can give them the extremely valuable tool of resilience.

Watch this video clip on [Resilience](#) with your family and discuss.



## New To Trentham School

A special welcome to our  
new students:

Hoani Rimene-Walker, R18

Flynn Hainsworth, KIWI (clinic)

## Wheels Day - Wednesday 9 December

Te Roopu Kaiarahi are organizing Wheels Day for Wednesday lunchtime, 9 December. If the weather is unsuitable it will be cancelled. Students may bring scooters, roller skates and skateboards on the day and will ride in allocated areas - Year 1-3 scooters in front of the Hall; Year 4-6 scooters in front of the Library; skateboards and roller-skates in front of Room 7 and 8. Bikes are not included in Wheels Day due to space and safety issues. Wheels are not to be ridden in the school grounds before or after school.

**Eddie Graham in Room 7 is participating in 'Shave for a Cure' so if you would like to support Eddie with this fundraiser, please bring a gold coin on the day to contribute.**



LUCKY BOOK CLUB ORDERS FOR ISSUE 8 ARE  
DUE (ONLINE ONLY) BY FRIDAY 11 DECEMBER



2020

## TRENTHAM SCHOOL STATEMENT OF INTENT

### WATER-ONLY SCHOOL

*Created - October 2020*

*Reviewed by BOT - November 2020*

*Ratified by BOT - November 2020*

*Next review date - November 2023*

### PURPOSE

#### 1. We care about the health of our students

Sugary drinks are one of the most significant causes of poor oral health and contribute greatly to childhood obesity and Type 2 diabetes. It's important to initiate life long habits of healthy drinking.

#### 2. We care about student achievement

Consuming sugary drinks is associated with problem behaviours. Studies have found poor diet and nutrition are associated with lower academic achievement.

### GUIDELINES

#### 1. The school will ensure parents and students receive clear, consistent messages about the importance of healthy choices and the impact of sugary drinks by:

- Continuing to educate students about the importance of healthy drink choices and the benefits of consuming water.
- Actively promoting water as the best option in school publications.
- Ensuring staff commitment to model healthy drinking habits.

#### 2. The school will create an enabling environment by:

- Actively discouraging sugary drinks being brought to school by students.
- Providing water (and plain reduced fat milk) as the only drink option for students.
- Allowing students access to water during class time.
- Not associating our school with programmes that promote sugary drinks.
- Ensuring school lunch options don't include sugary drinks.
- Ensuring sports teams will only use water as their source of hydration.
- Not selling sugary drinks as part of sausage sizzles, at school events or other celebrations.

#### 3. The main categories of sugary drinks include soft-drinks/fizzy-drinks, sachet mixes, fruit juice/drinks, cordials, flavoured milks, flavoured waters, cold teas/coffees, and energy/sports drinks.



# End of Year Showcase

**Come and celebrate**

**Trentham School's Performing Arts**

Great night of entertainment with  
Ngā Mana o Purehurehu  
and Hub items.

There will be a  
Sausage sizzle,  
water and raffle,  
so remember to bring cash.

6.00pm  
10th December  
Brentwood Stage,  
Junior Field



Wet weather—Showcase will be cancelled due to the hall being unavailable

**wellington  
citymission**



**Wellington City Mission Sports Bank**

*The aim of the Community Sports Bank Project is to reduce/eliminate the cost of equipment for those in need and by this, increase sport participation and increase activity.*

*The Kaiarahi would like Trentham School to make a donation to 'Wellington City Mission' by supporting a fundraiser on Friday 4 December. Please bring a gold coin to school and wear your favourite sports clothes or dress as a sport hero.*

The Sport Leaders, supported by the Kaiarahi, will run various games across the whole school through the lunch break.





# Community Notices

Please note that the school is not endorsing the programmes listed below. We are publishing them on request of the providers and because they may be of interest to our families

It's simple; all you need to do is register at [www.lunchonline.co.nz](http://www.lunchonline.co.nz) and follow 4 easy steps to get started

- 1 Register an account
- 2 Add member/s including your child's name, school and classroom
- 3 Make a payment so you have funds in your account before you order
- 4 Select your lunch and place an order



Phone 0800 LOL LOL  
Phone 0800 565 565  
info@lunchonline.co.nz

Healthy and affordable | Easy internet ordering

ADMIN@TRENTHAMSWIMSCHOOL.COM

## LEARN TO SWIM

Beginner Advanced Intermediate Mothers & Toddlers

Classes are running after School & Weekends – Tel: 02102461134

### UPPER HUTT PAVED CANVAS ART



"Come and watch our talented local artists fill the city with bright and vibrant colours at Upper Hutt's first ever art trail! Head along to Main Street on Saturday 28 November from 10am for the Paved Canvas launch day and watch the artists live in action, along with many fun activities such as face painting, fire performance and more for launch day only! Follow the trail as Upper Hutt's Main Street is filled with eye catching creations and exciting colours. If the weather isn't our friend, the postponement date is Sunday 29 November. This event suitable for all ages so you can bring the whole family along!"



### ENTER THE DRAW TO WIN

## \$500 CASH

in our

### REFER A FRIEND PROMOTION!

#### TO ENTER:

- Refer a **NEW** customer to lunchonline.co.nz
- Email info@lunchonline.co.nz and tell us your friend's name.
- When your friend makes their first order at lunchonline.co.nz we will email you a confirmation that you are in the draw.

#### TOO EASY! Start referring now!

The competition will be drawn on Tuesday, 1 December, just in time for a \$500 Christmas shopping spree!!

It's simple. All your friends need to do is register at [www.lunchonline.co.nz](http://www.lunchonline.co.nz)

1. Register an account
2. Add member(s) including your name and delivery location
3. Make a payment to have funds in your account before you order
4. Select your lunch and place an order

Phone: 0800 LOL LOL | Phone: 0800 565 565 | Email: info@lunchonline.co.nz

### A Message for Those Considering Enrolling at Fergusson Intermediate for 2021

Kia ora koutou

Firstly, a huge thanks to all of those who have enrolled with us already. We really appreciate you choosing our school and getting your enrolment in to us so soon. As we are now starting to look at our class placements for next year it is really important that anyone expecting to join our team next year, who hasn't enrolled yet, does so asap. This will ensure we place your child in the most appropriate environment for them and ensure you have an opportunity to come and meet the team later in the term.

Any questions or queries can be sent to Anne McPhie in the office.

[amcphie@fergusson.school.nz](mailto:amcphie@fergusson.school.nz)

**Simon Kenny**

**Principal: Fergusson Intermediate**

**"Amplify the Awesome"**

**Ph: 04 528 7023 / 027 5566116**



# Weetbix TRYathlon

Kia ora koutou! We do not send a teacher to the Weet-Bix TRYathlon but encourage our children to get involved if it is something that they are interested in! There is a Trentham School Group that you can register under and get your packs sent to school to pick up if that is preferable. Enter the Hutt City event at <https://tryathlon.co.nz/>



## 1. ENTERING A PARTICIPANT

### A) INDIVIDUAL ENTRY:

Please select this option if the participant is entering the:

- a. **TRYATHLON** as an **INDIVIDUAL** and is completing all three legs (swim, bike and run) of the TRYathlon by themselves. Individual participants must be aged between 7 – 15 years of age on event day.
- b. **SPLASH & DASH** - This event is for 6 year olds only and consists of a 50m swim and 1500m

### B) TEAM ENTRY:

Please select this option if the participant is entering the TRYathlon in a TEAM of 2. Team participants must be aged between 7 – 15 years on event day.

Teams are limited to a maximum of two participants. One team member completes the Swim, one completes the Bike and they both complete the Run together.

Both team members must be in the same Team Category: Junior or Senior.

- **JUNIOR TEAMS:** Both participants must be aged 7-10 years of age on event day.
- **SENIOR TEAMS:** Both participants must be aged 11-15 years of age on event day.

### HOW TO ENTER A TEAM

1. Enter the first participant and enter the Team Name when prompted.
2. If you are entering both team members, click 'Add Another Child' when you reach the check-out page. You will be taken back to the start to enter your second Participant. Enter the same Team Name when prompted.
3. If you are not entering both team members, ensure the parent or guardian entering the second participant knows the correct Team Name you have added when entering your child.

### C) JOINING YOUR SCHOOL GROUP

- After choosing one of the entry options, you will have the opportunity to search for and join your SCHOOL GROUP, if your school has created one.
- When joining your School Group your School Coordinator will be notified that you have entered and it will help make your school eligible to win prizes.
- If your School does not have a School Group, then please continue with your registration as it will not affect your entry into the TRYathlon.

TO ENTER, PLEASE USE THIS LINK:

<https://www.registernow.com.au/secure/Register.aspx?E=40600&G=119761>

**FOREST SCHOOL  
PHILOSOPHY  
SCHOOL  
HOLIDAY  
PROGRAM**

**Fantail Nature  
School**



**4th-8th January Forest Fairy tales  
11th-15th S.T.R.E.A.M  
18th-22nd Mess and Mudpies  
26th -29th Build2play  
\$65 per child per day**

**Early bird discount \$55 per day before 3rd Dec.**

**Transport provided to and from Brookfield Scout camp, catchpool Valley  
and other locations.**

<https://enrolmy.com/fantail-nature-school/#activities>

**BUSHCRAFT BIRTHDAY PARTY**  
**\$200.00 PER PARTY**  
Bespoke Nature birthday parties  
Location confirmed with client on booking  
Contact Jo +64212327512 for more details



23<sup>rd</sup> October 2020

Dear Business Owner/Resident,

**Filming Notice for Moonshine Road near Fergusson Drive, Trentham, Upper Hutt on Monday 30<sup>th</sup> November and Tuesday 1<sup>st</sup> December from between 5.30am – 7.15pm**

As you may be aware, Wellington has a film friendly policy which forms part of the Wellington Regional Strategic Plan. Each year, film and television companies filming in Wellington contribute millions of dollars to the Wellington economy and provide hundreds of jobs to residents. This is why Wellington encourages filming and is enthusiastic about keeping our region 'film friendly'.

This letter is to let you know that **Quick as a Wink Ltd** propose to film scenes for a television series in parts of **Moonshine Road near Fergusson Drive** on **Monday 30<sup>th</sup> November and Tuesday 1<sup>st</sup> December from between 5.30am and 7.15pm**.

You may notice more vehicles in the area, technical trucks, equipment and extra people and movements associated with the film crew, **this includes some traffic control and parking restrictions as per the attached map**, but at all times you will still be able to access your business or residence.

**Quick as a Wink Ltd** is working closely with landowners and stakeholders, including Hutt City Council, to reduce disruption to residents and businesses in the area. However, if you have any concerns regarding this filming, please contact Key Assistant Location Manager **Hannah James-Johnson on 020 4184 0051**.

**Screen Wellington and Quick as a Wink Ltd** thanks you for your support and appreciates your co-operation in helping to make Wellington the 'film friendly' capital of New Zealand.

Regards,

**Screen Wellington**

Phone: +64 4 382 0066

Email: [screen@screenwellington.com](mailto:screen@screenwellington.com)



#### For this mince part:

- 1kg premium beef mince
- 1 cup beef stock
- 2 diced onions
- 2 large carrots - grated
- 2 cups diced mushrooms
- 2 diced capsicums
- 125g spinach
- 3 Tbsp. Worcestershire sauce
- 3 Tbsp. Tomato paste
- 1 Tbsp. Crushed Garlic
- 1 tsp. Mixed Herbs (dried)

#### Chocolate Snowballs

This one pot wonder is a great take on the traditional Shepherd's pie but is jam packed with WAAAY more vegetables, and less dairy.

Fry the onions in a wok with the Worcestershire sauce. Add all other vegetables and stock. Let simmer until vegetables are half cooked. Add mince and remaining ingredients and let simmer until cooked through and minimal liquid remains.

#### For the mash:

- 6 medium peeled potatoes - diced
  - 1/2 a small pumpkin - diced (about 3 cups)
- Boil the potatoes and pumpkin until soft enough to mash. Drain water and mash - no need to add milk!

#### Putting it together:

Heat up your oven to 180C, on bake. Spread the mince dish evenly in a baking dish, top with the mash. Bake for 20-30 minutes or until slightly browned.

Makes 6 Serves.



Vicky Carson | Nutrition Coach  
ph: 027 352 4209



#### Chocolate Snowballs

If you're looking for a treat to go with your cup of tea or something to quickly whip up for your unexpected visitors, this is your new 'go to' recipe!

These are great to put in the kids lunch boxes instead of the usual sugary packaged and highly processed products.

#### Ingredients:

- 12 Camel Dates
- 4 Dried Figs
- 10g Cacao Nibs - I use Ceres Organics
- 2 Tbsp. Cocoa or Cacao Powder (Unsweetened)
- 4 Tbsp Almond Meal
- Slosh of Unsweetened Almond Milk
- Desiccated Coconut - for rolling

In a food processor, put all the ingredients except the coconut and almond milk, blend. You'll find the mixture looks a bit dry, add a slosh of almond milk until it is the consistency where it looks sticky and rollable.

Roll teaspoon sized balls in clean hands and then roll in coconut to give the snowballed effect - YUM!

This recipe makes 14 balls.

Store in the fridge or freezer and enjoy! These can be eaten straight from frozen if you're impatient like me.

#### Nutritional Information (per ball):

Fats: 2.5g  
Carbohydrates: 6.3g  
Protein: 1.3g  
Calories: 50

#### Benefits:

Dates are a good source of fibre and are high in minerals such as potassium, magnesium, calcium and iron. They give us a wide variety of nutrients to keep us healthy - We don't need many though as dates are quite high in sugars too.

Figs are also high in potassium which helps to lower blood pressure, and calcium to help keep our bones strong.

If you're going to have a sweet treat, this is definitely the way to go! Enjoy!



## WIN A SMART BEDROOM!

This Christmas morning on Newstalk ZB – it's "The Voice of Christmas" singing competition... on the 'Crazy Kiwi Christmas Kids Show'...

If you are under 13 and can sing, call

# 0800 THE VOICE

and sing a Christmas Carol as your audition.

That's 0800 843 864.

Grand prize: **Smart bedroom bundle** – Amazon Echo Plus smart speaker and Alexa-enabled smart coloured light bulbs!

Then tune in on Christmas morning to Newstalk ZB from 6am, to see if you've won!

**AUCKLAND**

**TAURANGA**

**ROTORUA**

**WELLINGTON**

**CHRISTCHURCH**

**100M OR 200M**  
**7 - 10 YEARS**

**ENTER NOW**  
**OCEANKIDS.CO.NZ**

<---Attention all swimmers aged 7-10 years! The **Banana Boat OceanKids Series** is coming to Freyberg Beach on Sunday 31 January - a great chance to have a go at a 100m or 200m ocean swim close to shore, in a safe, supportive, and fun environment. Every child who participates will receive a finishers medal, photo, other goodies, and a great day at the beach! Visit [www.oceankids.co.nz](http://www.oceankids.co.nz) for more info and to enter.

## KIDS LOVE PLAYING HOCKEY ON SKATES

*Come join them*



**UPPER HUTT ROLLER SKATING RINK, 4A RAILWAY AVENUE, UPPER HUTT**  
**FRIDAYS 6PM TO 7.30PM. ONLY \$5 PER SESSION.**  
**EQUIPMENT PROVIDED**

4A Railway Ave Upper Hutt - Private or small group bookings available on request  
Contact Sandy: [sanimmo@xtra.co.nz](mailto:sanimmo@xtra.co.nz) 027 663 4344