



Trentham School

Empowered Learners for the Future

14 October
2020 Term 4

Newsletter 14

Kia ora Koutou

Welcome back to a busy, but slightly warmer term! I hope you all managed to spend some quality time with your children over the term break. Term 4 is proving to be very busy with a lot going on.

We welcome back Diane McGimpsey who has started a new entrant class in the Clinic. We're happy to have her back in Kiwi Hub for the term.

A reminder that next Friday 23 October, Trentham School will be closed for an Upper Hutt wide Teacher Only Day. We appreciate your support and understanding as we use this day to come together for professional learning.

It's hard to believe that we are talking to you about 2021 already, but we are! Over the next month, staff will spend time looking at the best placement of every child into a new class/hub for 2021. Our goal is to create the best class and hub for every child. The process we go through involves all teachers and the children. If you feel there is vital information that we need to know in order to best help place your child in a class next year please contact Erica Leggett for Koru students (Year 1-3) or Jillian Adams for Patu students (Year 4-6). Like you, we want the best for each and every child. Your child's placement for 2021 will be included with your child's report which will go home on Friday 11 December. All children will meet their new teacher and classmates before the end of term, which provides some security for them before starting in their new class next year. As a school we do our very best and sometimes it won't appear to be a perfect placement for your child. However, it is also important that each child has opportunities to develop new friends, new talents and sometimes resilience. We thank you for your support with this process.

Today we begin our Spellathon fundraiser. Please see the extra information that has come home about this. The funds raised at this year's Spellathon will go towards buying new iPads for our junior classes. This event is our major annual fundraiser, so your support is really appreciated. We will be using the Givealittle website as a means in which to collect funds.

The Givealittle site is now live and can be accessed via this link: <http://givealittle.co.nz/1/spellathon-2020>. Find your child's class page and when you make a donation click on the drop down list of students to assign your donation to a child. This is so we can keep a track of how much each child raises. Please share this link with friends and family and encourage them to donate!

Don't forget we have our school photos next Thursday 22 October!

Ngā mihi

Suzanne Su'a
Principal
principal@trentham.school.nz

Upcoming Dates & Events

UV Danish Rounders (p/p 22 Oct)



21 Oct	Trentham Athletics Day (p/p 27 Oct)
22 Oct	School Photos
23 Oct	Teacher Only Day
26 Oct	Labour Day

2020 Term Dates:

Term 4	Monday 12 October - Wednesday 16 December

2021 Term Dates:

Term 1	Thursday 4 February - Friday 16 April
Term 2	Monday 3 May—Friday 9 July
Term 3	Monday 26 July—Friday 1 October
Term 4	Monday 18 October— Thursday 16 December



School News & Reminders

DO YOU NEED TO UPDATE ANY CONTACT DETAILS?

It is extremely important that we have accurate and up-to-date contact details for all of our students. We must be able to get hold of parents and caregivers if children are sick or in the case of an emergency. Please contact the office at any time if your phone numbers or address changes.

CHILDREN TURNING 5

If you have a child turning 5 in 2021, please contact the school office to make an enrolment if you haven't already done so.

It is really useful for us to know how many children will be starting school in the next 2 years.



SUNSMART

A reminder that we have a sun smart policy of "no hat, no play" for Terms 1 and 4. Please ensure your child has a sun hat at school so they are not restricted to shady areas when outside.



LUCKY BOOK CLUB

A friendly reminder that all Lucky Book Club orders are to be completed online. The office no longer accepts order forms. Thank you for your support.



SCHOOL PHOTOS - Thursday 22 October

This year photographs will be available for you to view and order OnLine with PhotoLife Studios. **Please be aware there are no sibling or family photos this year due to rescheduling because of lockdown and now only having one photo day.**

Your son or daughter will bring home an OnLine slip with their unique Access Key detailed on it. This Access Key will display all the photographs of your child. It is then an easy process for you to shop on-line and purchase the photographs you want.

If you place your order within three weeks of receiving your Access Key you will receive free delivery for your photo orders. PhotoLife has agreed to dispatch all the orders back to the school and your child will bring their photographs home.

Any orders placed after this three week period will be sent directly to your specified delivery address and will incur a \$6.00 Postage & Packing charge. You will see this message when you go Online to view and order your photographs.

Wheels Day

Friday 16 October

Te Roopu Kaiarahi are organizing Wheels Day for
Friday lunchtime, 16 October.

Students may bring scooters, roller skates and skateboards on the day and will ride in allocated areas. Bikes are not included in Wheels Day due to space and safety issues.

Wheels are not to be ridden in the school grounds before or after school.



NUDE FOOD DAY—FRIDAY 16 OCTOBER

Our Enviro Team have noticed an increase in wrappers and rubbish since returning back to school so we want to encourage more "nude food" coming to school. When you make your lunchboxes keep all the wrappers and pop them in your bin at home.

On Friday your children will earn 1 whānau point for every item that is nude (not in it's wrapper or glad wrap) or in a reusable container/bag!



Sports News Desk

Trentham Athletics Day - 21 October (p/p 27 October)



The Trentham School Athletics day will be taking place on Wednesday the 21st of October with the postponement date set for Tuesday 27th October. Whānau groups will gather at 9.00am to start the day before jumping into the first events. Senior students in Years 4-6 will be competing on the Senior field to earn selection for the Interschool team. Juniors from Years 1-3 will be taking part in a participation based fun day of Athletics on the Junior field. Try to dress your child in their whānau colour for the day. Please make sure your child has a drink bottle and sunhat on the day as they will be spending the majority of the day outside.

VALUE OF THE TERM— RESILIENCE

He toka tū moana, arā he toa rongonui

Your strength is like a rock that stands in raging waters

Resilience; to be brave in challenging or difficult experiences; to persevere; to overcome fear; to have a go.

What does resilience look like?

There's probably not one way to describe what resilience looks like and, of course, no-one is resilient all of the time. There are some characteristics that we might expect to see in a child who is coping well or is resilient. For instance, they might:



- use positive self-talk for encouragement
- capably express their feelings and thoughts
- not hide away from strong feelings
- have helpful, age-appropriate strategies to manage their emotions if they are upset
- rearrange their plans to work around an unexpected situation
- use a trial-and-error approach in their daily life
- remain hopeful and keep on trying if something doesn't work out
- know when to stop trying if they decide the effort is not worthwhile
- actively ask for help if they need it.

There are many resources out there for helping build resilience in young children, but games are certainly one of the best ways. Play games with your children to help them learn how to deal with conflict. Meaningful connections are vital to developing resilience, but conflict arises in all relationships at some point. Although they may be disappointed by being "out" of a game, children will quickly learn that, in life as in the game, their turn will come again.

Resilience refers to a child's ability to overcome or bounce back from anything that they find challenging, including events that seem relatively minor to others.

Young children face new challenges at every age and stage—that's why it's so important to help them build the skills they need to become resilient. With self-confidence and the ability to express themselves, little ones will be able to handle whatever may come their way...and will just keep getting stronger.

Watch this video clip with your family and discuss:

[Resilience - First to Draw](#)

New To Trentham School

A special welcome to our new students:

Hendrix Quigley - KIWI (clinic)

Oner Pourau - R15

Briar Kingi - R13

Evelyn Baylis - KIWI (clinic)

Isabel Curd - KIWI (clinic)

Mark Pincock - R13

Xavier Wamoana - R6

Couper Snijder - KIWI (clinic)

Kataleya Thach - R17

LIBRARY NEWS

Our school library is supporting a nationwide campaign to support School Libraries.

They believe every child should be able to access a school library and enjoy the lifelong love of reading that a school library promotes. The campaign is entitled "**School Libraries Transform**"

They are asking for whānau, caregivers, and friends to support them.

You can visit the website to find out more

<http://www.schoollibrariestransform.org.nz/>



SKOOL LOOP APP

Have you downloaded the Skool Loop app yet? We are using this notification app for newsletters, absences, and to alert parents when things are happening at school. It will be very useful in emergency situations. All you need to do is download the app from your app store, select Wellington as the region and find Trentham School. **Make sure you allow the app to send you notifications.**

ASB SCHOOL BANKING



We continue to offer Trentham children school banking where deposits can be made at school. Go to an ASB branch to open an account and find out about Clever Kash. Deposit envelopes and the banking box is in the office foyer.



Community Notices

Please note that the school is not endorsing the programmes listed below. We are publishing them on request of the providers and because they may be of interest to our families

It's simple; all you need to do is register at www.lunchonline.co.nz and follow 4 easy steps to get started

- 1 Register an account
- 2 Add member/s including your child's name, school and classroom
- 3 Make a payment so you have funds in your account before you order
- 4 Select your lunch and place an order



lunchonline
www.lunchonline.co.nz
Phone 0800 LOL LOL
Phone 0800 565 565
info@lunchonline.co.nz

Healthy and affordable | Easy internet ordering


www.lunchonline.co.nz

ENTER THE DRAW TO WIN
\$500 CASH
in our
REFER A FRIEND PROMOTION!

TO ENTER:

- Refer a **NEW** customer to lunchonline.co.nz
- Email info@lunchonline.co.nz and tell us your friend's name.
- When your friend makes their first order at lunchonline.co.nz we will email you a confirmation that you are in the draw.

TOO EASY! Start referring now!
The competition will be drawn on Tuesday, 1 December, just in time for a \$500 Christmas shopping spree!!!
It's simple. All your friends need to do is register at www.lunchonline.co.nz

1. Register an account
2. Add member(s) including your name and delivery location
3. Make a payment to have funds in your account before you order
4. Select your lunch and place an order

Phone: 0800 LOL LOL | Phone: 0800 565 565 | Email: info@lunchonline.co.nz

ADMIN@TRENTHAMSWIMSSCHOOL.COM

LEARN TO SWIM

Beginner Advanced
Intermediate Mothers & Toddlers

Classes are running after School & Weekends – Tel: 02102461134

A Message for Those Considering Enrolling at Fergusson Intermediate for 2021

Kia ora koutou

Firstly, a huge thanks to all of those who have enrolled with us already. We really appreciate you choosing our school and getting your enrolment in to us so soon. As we are now starting to look at our class placements for next year it is really important that anyone expecting to join our team next year, who hasn't enrolled yet, does so asap. This will ensure we place your child in the most appropriate environment for them and ensure you have an opportunity to come and meet the team later in the term.

Any questions or queries can be sent to Anne McPhie in the office.

amcphie@fergusson.school.nz

Simon Kenny
Principal: **Fergusson Intermediate**
"Amplify the Awesome"
Ph: 04 528 7023 / 027 5566116





Tumeric Chicken Bites

These are the easiest and tastiest way to make chicken breasts delicious!

- 1 chicken breast cubed
- 1 cup bread crumbs
- 1 tsp ground turmeric
- 1 tsp mixed herbs



Mix up the last 3 ingredients, dip in and coat the chicken breast, and bake on baking paper for 15 to 20 minutes until cooked through.

Low fat, high protein and easily made gluten free by using gluten free crumbs.

Even my toddler who "don't like chicken" devoured these!

Vicky Carson | Nutrition Coach

ph: 027 352 4209

e: vicky@nznourish.me

Apple Cinnamon Muffins

These are great for lunch boxes, or even breakfast! Also a great snack for you when you need something a bit sweet, without the guilt. Yum!

Ingredients:

- 2 medium mashed bananas
- 2 eggs
- 2 tsp. vanilla essence
- 4 Tbsp. Maple syrup
- ½ Can Apple Pie Filling (check it's 100% apple!) (275g)
- ¼ Cup Apple Sauce (pure apple)
- 1 Large grated carrot
- ½ Cup Oil - I used olive
- 1 tsp. Baking powder
- ½ tsp. Baking Soda
- ½ tsp. Cinnamon
- 1 ¼ Cups Flour - regular or gluten free



Method:

Heat oven to 180°C on bake.

Mash bananas in a bowl, mix with 2 eggs. Add all other wet ingredients including apple and carrot, mix.

Add all dry ingredients and gently fold mixture together.

Place mixture evenly in muffin trays - pre-greased, or a non-Stick tray. Bake for 15-20 minutes or until slightly browned.

Weetbix TRYathlon

Kia ora koutou! We do not send a teacher to the Weet-Bix TRYathlon but encourage our children to get involved if it is something that they are interested in! There is a Trentham School Group that you can register under and get your packs sent to school to pick up if that is preferable. Enter the Hutt City event at <https://tryathlon.co.nz/>



1. ENTERING A PARTICIPANT

A) INDIVIDUAL ENTRY:

Please select this option if the participant is entering the:

- a. **TRYATHLON** as an **INDIVIDUAL** and is completing all three legs (swim, bike and run) of the TRYathlon by themselves. Individual participants must be aged between 7 – 15 years of age on event day.
- b. **SPLASH & DASH** - This event is for 6 year olds only and consists of a 50m swim and 1500m

B) TEAM ENTRY:

Please select this option if the participant is entering the TRYathlon in a TEAM of 2. Team participants must be aged between 7 – 15 years on event day.

Teams are limited to a maximum of two participants. One team member completes the Swim, one completes the Bike and they both complete the Run together.

Both team members must be in the same Team Category: Junior or Senior.

- **JUNIOR TEAMS: Both participants must be aged 7-10 years of age on event day.**
- **SENIOR TEAMS: Both participants must be aged 11-15 years of age on event day.**

HOW TO ENTER A TEAM

1. Enter the first participant and enter the Team Name when prompted.
2. If you are entering both team members, click 'Add Another Child' when you reach the check-out page. You will be taken back to the start to enter your second Participant. Enter the same Team Name when prompted.
3. If you are not entering both team members, ensure the parent or guardian entering the second participant knows the correct Team Name you have added when entering your child.

C) JOINING YOUR SCHOOL GROUP

- After choosing one of the entry options, you will have the opportunity to search for and join your SCHOOL GROUP, if your school has created one.
- When joining your School Group your School Coordinator will be notified that you have entered and it will help make your school eligible to win prizes.
- If your School does not have a School Group, then please continue with your registration as it will not affect your entry into the TRYathlon.

TO ENTER, PLEASE USE THIS LINK:

<https://www.registernow.com.au/secure/Register.aspx?E=40600&G=119761>

SUMMERSET MARKET, 7 NOVEMBER 9.30 – 12.30

Summerset at the Course will be holding a Market Day on 7th November 9.30 – 12.30. we will be raising money for our two charities, The Hospice and the Wellington Free Ambulance. We will have lots of lovely goodies for you to purchase, two Christmas raffles full of Christmas goodies, we are selling homemade chocolate, having a cake stall, book stall, white elephant stall, knitwear, slippers, Jewellery, homemade bags, plants, jam, Christmas cakes and gifts, dolls clothes, succulents in ceramic, artwork, a Christmas gift table under \$6.

Please come and support these great charities. The new Define Café will be open for you to enjoy some yummy food.

SUMMER RIP RUGBY

(Formally Summer Flag)

COMPETITION

2020 / 2021

Hosted By



SEASON: 30th October - 11th December
12th February - 12th March

VENUE: Maoribank park, Upper Hutt

GAMES: Friday afternoons from 4pm
(TBC depending on numbers)

TEAMS / AGE GRADES:

Under 7s

Under 9s

Under 11s

Under 13s

Social Adults / College

Competitive Adults / College

COST: \$250 PER TEAM, 10 PER TEAM

TEAMS TO BE SUBMITTED BY 26TH OCTOBER
INFORMATION EVENING 27TH OCTOBER
TEAM TO PAY FEES BY 30TH OCTOBER
BIBS CAN BE SUPPLIED OR COME ALONG WITH YOUR TEAM
COLOURS!

To register a team, your
interest to be placed into
a team or more info

Email:
UHJRAMS@gmail.com

Phone:
Joel Tait 021 0228 7504
Kelly Gee 022 107 3918

FAMILY DAY
Pinehaven
SCHOOL
ENTERTAINMENT & FUN FOR ALL

Saturday 31st October

10am-2pm

Rain or Shine

Pinehaven School, Forest Rd, Pinehaven



Family Fun



Food



Petting Zoo



Garden & Craft



Main Stage



Pre-loved Sale

