



Trentham School

Empowered Learners for the Future

26 August 2020
Term 3

Newsletter 11

Kia ora Koutou

Our wonderful students continue to show patience and resilience with the changes associated with Alert Level 2. They have a great understanding of the health and safety practices and undertake these well. Following the Prime Minister's announcement on Monday, we continue to remain at Level 2 in the hope that we will move back into Level 1 sooner, rather than later.

The Ministry of Education has advised us that face coverings are not required in a school or early learning service setting. Children do not need to wear face masks because the risk of infection within the school environment is low. Other public health control measures are in place including children and staff staying home if they are sick, contact tracing, and hygiene requirements. Some people may choose to wear face coverings and if they do, we will respect that. Students should not be wearing them for any other reason. You may find this website useful with [FAQs about face coverings](#).



For those of you who might be finding things more difficult than usual, a reminder that there is a large range of support available for businesses and the community. We encourage you to go to the [covid19.govt.nz](https://www.covid19.govt.nz) website for more information, or get in touch and we will help you to find the information and support you need.

COVID has impacted on our annual Upper Hutt Cultural Festival. This is not taking place in its usual format. This year schools' performance groups will be recorded and collated to create an online video for our community. Our Mahi Toi tamariki and kaiako have been working really hard to ensure we are ready. This has meant using the church hall across the road, due to not having space on site to practice because of the building work. I wish this group well in their mahi as they prepare for their performance.

A huge thanks to all whānau for your continued support.

Kia haumaru te noho (stay safe).

Ngā mihi

Suzanne Su'a

Principal

principal@trentham.school.nz

DO YOU NEED TO UPDATE ANY CONTACT DETAILS?

It is extremely important that we have accurate and up-to-date contact details for all of our students. We must be able to get hold of parents and caregivers if children are sick or in the case of an emergency. Please contact the office at any time if your phone numbers or address changes.

Upcoming Dates & Events

1 Sept	UV Non-Stop Cricket (p/p 3 Sept)
9 Sept	Wig Wednesday Fundraiser
10 Sept	BOT mtg, 6.45pm
15 Sept	UV T Ball/Softball (p/p 17 Sept)
18 Sept	Wheels Day (p/p 25 Sept)



21 Sept	Calendar Art orders due
25 Sept	End of Term 3
12 Oct	Start of Term 4

2020 Term Dates:

Term 3	Monday 20 July - Friday 25 September
Term 4	Monday 12 October - Wednesday 16 December

2021 Term Dates:

Term 1	Thursday 4 February - Friday 16 April
Term 2	Monday 3 May—Friday 9 July
Term 3	Monday 26 July—Friday 1 October
Term 4	Monday 18 October—Thursday 16 December



CENTA BAKERY FUNDRAISER

Our recent Home and School fundraiser with Centa Bakery was a great success, and we raised

\$1,738.32!! A wonderful effort! This will be put towards new iPads for our junior classrooms. Thank you for all of your support!

SICKNESS

Children who are unwell must stay home. If students show any symptoms of illness at school, we will ring you to come and collect them.

WIG WEDNESDAY 2020

Join thousands of Kiwis who wear a wig, shave their heads or style a funky hair-do to raise money for children with cancer.

The Kaiarahi would like Trentham School to make a donation to the

Child Cancer Foundation by supporting a fundraiser on

Wednesday 9 September.

Wear a wig and please bring a gold coin donation to school.



ENTERTAINMENT BOOK

20% of every membership sold contributes to our School. Help us achieve our goal by sharing this link with your friends and family. Thanks for your support!



School News & Reminders

ENROLMENTS FOR 2021

The Board of Trustees has determined that there may be a small number of places available for new entrants and therefore invites applications from out of zone students turning 5 next year who wish to enrol at Trentham School during 2021. The exact number of places will depend on applications received from students within the school's zone.

Applications should be made on our Enrolment Form available from the school office or online at <https://enrol.etap.co.nz/>. The school code is 2099. The deadline for receipt of applications for out of zone places is **Wednesday 23 September 2020**. Parents of students who live within the home zone should also apply by this date to assist the school to plan appropriately for this year.

If the number of out of zone applications exceeds places available, students will be selected by ballot in accordance with our enrolment scheme, to be held on **Friday 25 September 2020**. Parents will be informed of the outcome of the ballot within 3 school days of the ballot being held.

Contact the School Office with any enquiries on 528 6485 or admin@trentham.school.nz.

Sports News Desk

PEDAL READY: 17-20 AUGUST

Last week Pedal Ready visited us at Trentham School to work with our year 5 and 6 hubs. They taught us about bike maintenance and road safety. Each class had a 3 hour session to learn and complete their level one skills course. Some students had never been on a bike before, and WOW you should see them now. We now have better road knowledge and skills to take our bikes anywhere they wheel us to.



Go, Mr Karl!

Levi, learning to ride for the first time!



A WORD FROM THE BOT

Hello to all of our Whānau,

I hope you're all staying healthy and positive through Level 2. It's not something any of us were wanting a repeat of but here we are, and as a school board we would like to reassure you that we have all our health and safety practices in place. It is safe for your tamariki to be at school during Level 2 so please continue to bring them to keep things as normal as possible.

I'm sure you've all noticed the gated area around Rooms 1-6. Peryer Construction have been in for almost 4 weeks demolishing the insides ready for new open plan spaces. They've made huge progress in this time. It's very exciting to see. When we did a walk through it was hard to believe it was the same area. Scaffold is now going up so they can begin replacing the roof and the building will be getting wrapped so this can continue in any kind of weather. Here are a couple of photos of the exciting mess inside.

Keep safe everyone and remember we're all in this together.

- Hayley Campbell—BOT (Property Portfolio)



UPPER HUTT CLUSTER SCHOOLS

The Upper Hutt Cluster continues to work closely together as we have for a number of years. Our cluster includes all primary, intermediate and secondary schools, as well Whānau Manaaki, our local kindergarten association. We work together towards our vision of shaping our future through engaging learning pathways for nga ākonga (learners). We are focused on ensuring the best possible outcomes for students across our city.

We have a strategic plan for the cluster which has 3 key strategic goals with action points:

1. Develop agentic learners across the UH Cluster, with a focus on unpacking what is essential for all students to learn and how schools can work together to support our students as they transition through their education.
2. Having a resources model and plan that considers people, funds, time and their allocation across the cluster, working on bringing key resource groups together to support our students and the work of schools, developing processes around our recently appointed Learning Support Coordinators, and looking at how we can share and access resources to support our work.
3. Strengthen the capability of teachers and leaders within the UH Cluster which has a focus on providing quality professional learning opportunities for staff working in our schools across the cluster. This has included shared teacher only days and providing opportunities for our teachers and school leaders to learn alongside and from each other.

We are also focused on making sure our practices are culturally responsive for all members of our community. Our work was recently highlighted by the NZ Principals' Federation as a great example of schools collaborating together.

Part of our strategic plan is to ensure we keep our community informed of our work together. We are incredibly proud to be in such a collaborative, hardworking and innovative cluster and we know our students across all of our schools are benefiting from the dedicated and united approach to getting the best outcomes for our students.

Kāhore taku toa i te toa takitahi, he toa takitini
We cannot succeed without the support of those around us



Wheels Day

Friday 18 Sept: PPT Friday 25 Sept

Te Roopu Kaiarahi are organizing Wheels Day for Friday lunchtime, 18 September.

If the weather is unsuitable it will be postponed until Friday 25 September. Students may bring scooters, roller skates and skateboards on the day and will ride in allocated areas. Bikes are not included in Wheels Day due to space and safety issues.

Wheels are not to be ridden in the school grounds before or after school.



New To Trentham School

A special welcome to our new students:

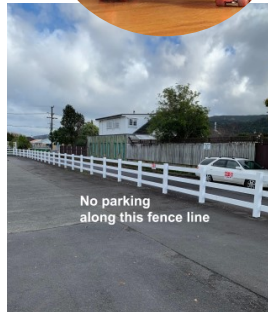
Sifat Dhillon, R13

Taitus Morunga, R13

CAR PARKS

We have a reserved parking space in our school car park by the Dental Hub. It is the first park by the school and pedestrian gate. This car park has been reserved for one of our families who require the space for their special needs child. Please do not park here at any time. The space between the park and the fencing is not a car park and must also be kept clear.

Cars are also not to park along the white fence in this car park. There is no room for cars to move in and out of marked parking spaces due to cars parking along the fence. This is a safety concern for our students, parents and cars. Please be aware that this is a **NO** parking area.



NUDE FOOD DAY

Congratulations to all those families who supported our Nude Food Day last Friday. As a school we had 1,097 pieces



of nude food. That's 1,097 bits of glad wrap or food wrappers not floating around our school!!!

Portion Sizes

The Enviro Group has noticed a lot of whole apples being wasted and put into our compost bins. Please have a chat to your children about how much they can eat and give them appropriate sizes of fresh fruit.

VALUE OF THE TERM— RESPONSIBILITY

RESPONSIBILITY/KAWENGA: we are learning about the consequences for not being responsible. When I am irresponsible:

- * trust, respect and relationships are damaged
- * cooperation and teamwork breaks down
- * the wellbeing of others is placed at risk
- * our community becomes less caring

Let's all be responsible for our actions so that these things don't happen.

Home suggestion:

Enjoy this song with your family [Responsibility song](#)

I am learning to be responsible for looking after my clothing and any other things that I bring to school so they do not get lost or end up in the Lost Property box.

FACEBOOK AND TEXT ALERTS

Trentham School has a Facebook page, as a better way of keeping in touch with our parents and caregivers. Be sure to 'Like' us. It can be found at <http://www.facebook.com/TrenthamSchool>.



Be the **first** to get the **latest school news** this **WINTER**

With our school app!

Simple free download:
In Google play & App Store search
'Skool Loop' & choose our school
once installed



- * Events * Notices * Newsletters
- * Cancellations * Permission slips
- * Parent Teacher Interviews
- * Instant notifications * Absentees



Community Notices

Please note that the school is not endorsing the programmes listed below. We are publishing them on request of the providers and because they may be of interest to our families

It's simple; all you need to do is register at www.lunchonline.co.nz and follow 4 easy steps to get started

- 1 Register an account
- 2 Add member/s including your child's name, school and classroom
- 3 Make a payment so you have funds in your account before you order
- 4 Select your lunch and place an order



www.lunchonline.co.nz
Phone 0800 LOL LOL
Phone 0800 565 565
info@lunchonline.co.nz

Healthy and affordable | Easy internet ordering




Ahoy there sailors!

Junior Learn to Sail

Heretaunga Boating Club (Petone)

Junior learn to sail course:
Tues 29th September Huia Pool 7-8pm
Fri 2nd & Sat 3rd October 9am-3pm Petone beach

Course details: www.sailhbc.org.nz
Contact: Instruction@sailhbc.org.nz



Evolve Tennis Coaching is running a tennis and multisport holiday program during the **September/**

October school holidays at Mitchell Park Racquets Centre. There will be half and full -day options from gam Monday-Friday. For further information or to book please contact Evolve Tennis Coaching on 479 1386 or info@evolveteniscoaching.co.nz



The Easiest Pancakes You'll Ever Make!

Ingredients:

- 1 Banana - mashed
- 1 Egg
- 1/2 scoop of protein powder - I like vanilla but it can be any flavour

Optional:

- 100g Greek yoghurt (full fat)
- 1/4 cup of mixed berries
- sprinkle of cinnamon

Instructions:

1. Mix banana, egg, protein powder together
2. Pour as much of the mixture into a non-stick fry pan as desired
3. Cook for about 2mins (you will see bubbles form and pop around the edges) gently flip your pancake
4. Add your choice of toppings and serve

Per serve: (with yoghurt and berries)

Carbohydrates: 37g
Protein: 22g
Fat: 11g
Calories: 322



Nutritional Benefit:

This will give you a great protein packed start to the day without the guilt of sugar loaded pancakes. Protein Powder helps with recovery especially after an intense morning workout or if you don't have much meat in your diet, Cinnamon helps balance blood sugars throughout the day and this recipe is great for the whole family - ENJOY!

Vicky Carson | Nutrition Coach

ph: 027 352 4209

e: vicky@nznourish.me

web: www.nznourish.me

Nourish Me Shepherd's Pie

This one pot wonder is a great take on the traditional Shepherd's pie but is jam packed with WAAAY more vegetables, and less dairy.

For this mince part:

- 1kg premium beef mince
- 1 cup beef stock
- 2 diced onions
- 2 large carrots - grated
- 2 cups diced mushrooms
- 2 diced capsicums
- 125g spinach
- 3 Tbsp. Worcestershire sauce
- 3 Tbsp. Tomato paste
- 1 Tbsp. Crushed Garlic
- 1 tsp. Mixed Herbs (dried)



For the mash:

- 6 medium peeled potatoes - diced
- 1/2 a small pumpkin - diced (about 3 cups)

Boil the potatoes and pumpkin until soft enough to mash. Drain water and mash - no need to add milk!

Putting it together:

Heat up your oven to 180C, on bake. Spread the mince dish evenly in a baking dish, top with the mash. Bake for 20-30 minutes or until slightly browned.

Makes 6 Serves.

Fry the onions in a wok with the Worcestershire sauce. Add all other vegetables and stock. Let simmer until vegetables are half cooked. Add mince and remaining ingredients and let simmer until cooked through and minimal liquid remains.



WHAT'S GOING ON?

Navigating the Adolescent Years

The adolescent years are an incredible time for change. So much is going on for our youth as they transition from children to adults. This session will outline the main changes that are physically happening in their brains and in their bodies. You will be amazed at what is going on, and it will make so much sense!

Understanding the changes, and how they affect our adolescents, will give you an increased ability to deal with the behaviour that results from them. Adolescence is an important time for increasing resilience, so this information will help you support them in this area too. The beauty of this session is that you can take the information and immediately apply it to your world. Reports of 'you have changed our household' and 'I get it now' are very common feedbacks from those who attend this session. Come along and hear how it can help you too.

Kathryn is a mother of two adolescents, with a Masters in Educational Psychology. She will explain what is going on in simple, real language. You will leave her session with practical tips you can use IMMEDIATELY.

Kathryn has been working in this area and training international audiences for over twenty years; working with groups such as Police, Teachers, Parents, Social Workers, NZ Rugby and many more. She also has a TEDx talk online – "Neuroscience of Zombie Drivers"

Come along to this unique, local opportunity to hear what might be the most useful information of your life!

LEARN WHAT TO DO
IN THAT MOMENT
OF CONFLICT

REAL 'TAKE HOME'
STRATEGIES

IDEAL FOR THOSE
WITH AGES 10+

EASY TO
UNDERSTAND
EXAMPLES

Tues, 8th Sept
7.30pm

St Brendans School Hall
56 Palmer Crescent
Heretaunga

Entry \$12

(Includes a cuppa and
a sweet treat)

Contact ptf@stbrendans.school.nz
to book or find us on Eventfinda.

This is a ticketless event and your
name will be at the door.
There will be limited door sales,
subject to availability.

Payments can be made to the
school via internet banking to

PTF: 12-3478-0032988-00

Please use name and 'workshop'
as your reference.



Saturday 26th September
Fraser Park/Sportsville

Check-in from 9:30am

All girls aged 5-13

For More Information Check out our
Facebook page or flick us an email.

wgtnjuniorgirlsrugby@outlook.com
<https://www.facebook.com/wgtnjuniorgirlsrugby>

Wellington Junior Girls Rugby Festival Day

A fun day of all things rugby for junior girls
around the region.

- Individual registrations and girls will be placed into teams. (for any full team entries please email us)
- Contact and Non-Contact available
- Spot Prizes
- Sausage Sizzle

All registrations will go in the draw to win a
Black Ferns t-shirt personalised with name
and number of your choice.



ADMIN@TRENTHAMSWIMSCHOOL.COM

LEARN TO SWIM

Beginner Advanced

Intermediate

Mothers & Toddlers

Classes are running after School & Weekends – Tel: 02102461134

Artrageous Holiday Adventure 28 Sept - 9 Oct For children 5 – 12 years				
Monday 28 th	Tuesday 29 th	Wednesday 30 th	Thursday 1 st	Friday 2 nd
Lost Cities  Design ancient cities never seen before	Day of Adornments  Necklaces, Crowns, Capes & Bags – Add a little extra to your outfit!	Magic Garden  Art for the Outdoors	 uPSIDE dOWN & BACKWARDS Paint with your feet & draw upside down: A day of wacky art making	Out of this World  Outer Space & Extra-terrestrial 
Monday 5 th	Tuesday 6 th	Wednesday 7 th	Thursday 8 th	Friday 9 th
Fabric & Fibres  Felting, Fibre Arts, Fabric Collage & Sewing	PRINTS & PATTERNS 	Art of Scale  Teeny-tiny to BIG, BIGGER, BIGGEST!	Mask Parade  Mask Making & Face Paint	Power of Paper  Collage, decoupage pop-ups, paper folding & more!

For more information check out our website www.artrageouskids.co.nz

In addition to the scheduled programmes, our primary activities are always available i.e painting, drawing, 3D and construction. Activities can change due to the interests of the children.