



One of the requirements of the Education Act is to consult with our school community once every two years, in regards to our health programme and priorities. The purpose of this is to get your input and feedback about the teaching programmes that support the health and well-being of your children. Please complete this survey by Friday 15 September, preferably online at <https://www.surveymonkey.com/r/HealthandPE2017>, or return this copy to the school office. Thank you.

Our school health and PE programme is largely integrated into our school conceptual curriculum. Specific programmes are covered through our inquiry concepts or at a time of specific need. Please identify how important each of the items below should be throughout your child's primary education.

* 1. Body Care & Physical Safety

	Very Important	Important	Not Important	No Response
Personal body care and hygiene	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Simple first aid	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Injury prevention	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Sun safety	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Fire safety	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Basic road safety	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Cyber safety	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

* 2. Mental Health

	Very Important	Important	Not Important	No Response
Responding to peer pressure	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Maintaining healthy friendships	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Dealing with bullying	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Well-being: being healthy and happy	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Building self esteem	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Keeping ourselves safe	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Resilience: dealing with stress, anxiety, fear	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

* 3. Food & Nutrition

	Very Important	Important	Not Important	No Response
Healthy eating	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Food safety	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Culture and food	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

* 4. Sexuality Education

	Very Important	Important	Not Important	No Response
Puberty and physical change (Year 5&6 only)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

* 5. Outdoor Education

	Very Important	Important	Not Important	No Response
Water safety	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Adventure activities e.g. trust games, team problem solving	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Outdoor pursuits e.g. kayaking, abseiling	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Overnight camp (senior school)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

* 6. Physical Activity

	Very Important	Important	Not Important	No Response
Regular fitness	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Competitive sports and games	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Fair play and sportsmanship	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Skill development within a range of sports	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Swimming	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

7. Do you have any other feedback you feel would be valuable to improving our Health & PE programmes.